

SUNDAY WORSHIP

SCHEDULE:

Traditional Service 8:30am
RootsKids 8:30 & 10:30
Adult Classes 9:30am
Praise Service 10:30am
Communion on June 7

ASBURY UNITED METHODIST CHURCH

Good News



JesusIsTheBridge.org

Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World

Volume 3, Issue 237
MAY 20, 2026

●●● **MARK YOUR CALENDAR – ONE WORSHIP ONLY ON MAY 31 AT 9:30AM** ●●●



The Fire of Pentecost

This coming Sunday is Pentecost. It is the birthday of the Church in the world. On Pentecost the Apostle Peter preached about Christ and led over 5,000 to become follows of Jesus that day.

God's church started with barely more than 100 people, less than we have in our 8:30am Sunday worship! Now it is one of the largest faiths in the world because of what began on Pentecost.

I would encourage you to wear red this Sunday in recognition of the power of God's Spirit coming into the lives of all of Jesus' followers that day.

As United Methodist Christians, we don't always talk a lot about the Holy Spirit. But it is the Holy Spirit who is our advocate and guide as we seek to follow Jesus! The Holy Spirit lives in us, guides us and defends us from spiritual harm. The Holy Spirit encourages us to do what is good and right. The Holy Spirit, unlike Jesus, can be with all of us all the time every day.

I hope you'll come and worship with us on this Pentecost Sunday!

Blessings, Pastor Tim

Asbury Discipleship Team's June Challenge!

Summer is almost here and it's a great time to reflect on your Journey on Discipleship Pathway. Enclosed in this Good News you will find a calendar with a daily task that highlights all 7 areas of the Discipleship Pathway. We hope that these short tasks will help you focus on the Pathway and help you move forward to a life daily centered on God!

Maggie Fioramonti and Jean Black Discipleship Team Co-Leaders



Asbury Comes Together! ONE Worship Service on Sunday May 31st @ 9:30am

Looking forward to having
our entire congregation
in worship together!



Asbury Women's Event "Created for Connection" Tuesday, June 9th @ 6pm

An Evening of Faith, Friendship & Encouragement

Hosted by Rachel Circle

in Asbury's Connections Cafe

Fun, Food, and Fellowship!

Women of All Ages (including children)

Register Online or Contact the Church Office

JesusIsTheBridge.org



Help support Asbury Ministries by choosing **Birdie #2269** as your Birdies for Charity recipient! Asbury will receive a 5% bonus from Birdies for Charity for every gift given. The form can be found in each narthex, at www.birdiesforcharity.com or by calling the church office. **Checks are made payable and payments are sent to BIRDIES FOR CHARITY.** Deadline is July 1. **Thank you!**

Blood Drive Monday, June 8 2:00pm-5:30pm

Walk-ins Welcome or sign up
by contacting Cheryl Ewert
or online at ImpactBloodCenter



BLESSING BOX DONATIONS NEEDED!

Please donate Non-Perishable Food
Personal Hygiene & Paper Products

bring donations to the box marked Blessing Box
located at Mission Drop Off near the elevator



Dinner @ 5pm VBS 5:30-7:30pm

June 22, 23, 24

Scan to Register



or Register @ JesusIsTheBridge.org / Call 563-355-5218



**Bits and Pieces from Your Parish Nurse Team
Carol Jackson and Cheryl Ewert
MAY IS STROKE AWARENESS MONTH**



One Last Bit of Information for National Stroke Awareness Month:

A **silent stroke** is a brain injury caused by a blocked blood vessel that produces no obvious, classic stroke symptoms (like facial drooping or arm weakness). Symptoms are so subtle that they often go unnoticed or are mistaken for normal signs of aging. Because silent strokes affect areas of the brain that do not control major physical movements, you may only notice them through minor, gradual changes. Keep an eye out for these subtle indicators:

- **Cognitive Changes:** Mild memory lapses, difficulty focusing, confusion, or getting lost in familiar places.
- **Physical & Motor Clumsiness:** Unexplained loss of balance, sudden dizziness, or changes in how you walk (e.g. shuffling or stumbling.)
- **Mood & Personality Shifts:** Sudden mood swings, increased irritability, or inappropriate emotional outbursts.
- **Sensory & Bladder Issues:** Temporary double/blurred vision, brief fainting, or loss of bladder/bowel control.

Why They Matter: Even though they are "silent," these mini-strokes cause permanent scar tissue or lesions in the brain. They significantly increase the risk of future, more severe strokes and can lead to vascular dementia over time.

How to Confirm: Because the symptoms are so vague, silent strokes are typically only diagnosed after an **MRI** or **CT scan** of the brain is performed for an unrelated reason.

If you or a loved one is experiencing these subtle changes, it is important to consult a healthcare provider. To find a local neurologist or primary care doctor, you can use the American Medical Association DoctorFinder to schedule an evaluation.

Missions AIM (ASBURY IN MISSION) ... "DOING GOD'S WILL"

AIM MISSION OF THE MONTH FOR MAY IS FAMILY RESOURCES AND HOSPICE CARE

- **Family Resources** provides free, confidential services to survivors of domestic and sexual abuse, human trafficking, homicide and other violent crimes. To learn more, go to famres.org.
- **Hospice Care** provides end-of-life care both in-home or at a skilled care facility. Learn more at genesishealth.com/hospice.

You may give online at JesusIsTheBridge.org by choosing Online Giving and using the "Missions" option. Checks may be made payable to Asbury UMC with May MOM on the memo line.

Thank you to everyone who gave so generously to AIM April MOM – Innovation Africa Water Well totaling \$575. Thank you to Julie & Jim Spelhaug, Julie & John Moran, Cindy Behrer & Gene Holst for preparing and serving the Zion meal.

- **Office Hours** Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours. The office will be closed on Monday, May 25.
- **Newsletter Deadline** Items for the next Good News should be in the office no later than **8:00am on Monday, June 1**.
- **Thoughts of Sympathy** Our thoughts & prayers are with Ruth McLeaney & family on the death of her husband, Patrick, on May 12.
- **Friendly Thrift Center** is in need of men's size 3XL, plastic hangers, jewelry (especially earrings), boy's tops & bottoms, travel size shampoo, lotion, etc., bed pillows, queen sheets & sleeping bags. Your donations are always appreciated! There is a bin on the lower level at Asbury near the elevator where you may leave your items.
- **Communion Volunteers Needed!** Please contact Meg Larson or the church at 563-355-5218 if you can help!
- **Hannah Circle** Join us on **Tuesday, June 9th at 11:30am** at Palmer Hills Grill, 2999 Middle Road, Bettendorf. All women are welcome to join us for lunch, fun and fellowship!
- **Rachel Circle** We are hosting the dinner for all Asbury women on **June 9th at 6:00pm** in the Connections Café. Look for more information elsewhere in this publication and register now for a relaxing evening of food, fun and fellowship. Contact Cheryl Ewert or call the office for more information if needed.
- **Card Ministry** Next meeting will be on **Wednesday, June 10 at 6:30pm**. To learn more, go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon.
- **Loom Crafters Update** Thank you everyone for your generous donations of plastic bags for the sleeping mats. We have made 5 mats so far and are continuing to meet the second Monday of each month. The next meeting is **Monday, June 8 at 6:30pm** and everyone is welcome to join in the fun.
- **Craft & Chat** Next meeting of this drop-in gathering is **Saturday, June 20, from 9:00-Noon in the Connections Café** at Asbury. Bring your own supplies and work on any craft project you like or come and help make a sleeping mat for those in need! Contact Michelle Bonney.
- **LIFT - Ladies In Fellowship Together** Details of dates and events can be found on their LIFT Facebook page. You may also contact Jenny Bloomquist, Julia Hensch, or Stephanie Pim. All women are invited!
- **Asbury Men's Group** Join us in person at the church on the **second and fourth Saturday mornings of the month at 7:45am**. Contact Cliff Pim, Phil Paulson or the church office (563-355-5218) for more information or the **ZOOM** link.
- **Asbury Foundation** For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office. **This is a thoughtful way to honor your birthday or other special occasions!**

Our prayer team wants to pray for you!

Let the power of prayer bring you comfort.
There are two ways to send us your prayer requests!

- 1 Fill out a Prayer Request Card at the Welcome Center
- 2 Submit Prayer Requests online @ JesusIsTheBridge.org

LIFT is coordinating with Hiney Heroes for the **World's Largest Diaper Drive!**
This drop in "Baby Shower" takes place
May 1st - 31st

Simply drop off diapers at the designated table located inside the Main Entrance any time in May!
Any size baby diapers will be appreciated!

Contact Stephanie Pim, Julia Hensch or Jenny Bloomquist for more information or go to the LIFT Facebook Page for details.

**SAVE A LIFE
GIVE BLOOD**

June 8 at Asbury!