SUNDAY WORSHIP SCHEDULE: Traditional Service 8:30am RootsKids 8:30 & 10:30 Adult Classes 9:30am Praise Service 10:30am **Communion on October 5**

ASBURY UNITED METHODIST CHURCH

Good News



OCTOBER 1, 2025

To Make Disciples of Jesus Christ for the Transformation of the World

Change and Transformation

The motto of the United Methodist Church is "Making disciples of Jesus Christ for the transformation of the world." There are two mandates in this statement. Making disciples means more than just making casual believers in Jesus. A disciple in the New Testament is not just someone who believes the words of a rabbi or teacher, but they also travel with them, are actively taught by them, and actively seek to be like their teacher.

We follow Jesus to be with Jesus, to journey with Jesus and to learn to be like Jesus. That ends up making us better people than we possibly could be on our own. But, we do not do that just for ourselves. We become disciples so that we can take on the work of transforming the world. What are we supposed to be transforming the world into? We are supposed to work to make the world more like the kingdom of heaven, where people love God and love their neighbor.

Of course, transformation is also a big word for "change." We have to acknowledge that we need to change to be good disciples. And, we have to understand that the world, our community, and even our church need to change and grow to be more and more like what God

Change can be scary. But change is also exciting. When we see a child grow into a young person, then into a teenager, and finally into adulthood there is excitement and gratification with the growth and change we see happen in their life. We are proud of the accomplishment. But most of all, we are proud of the person they are and have become. Change is necessary and good!

As we approach the end of our 75th year of ministry as a church in Bettendorf, how will we choose to continue to change so that we'll celebrate 100 and even 150 years of ministry down the road?

May God grant us the vision to transform ourselves so that we can help transform the world for Christ! In Christ's Love, Pastor Tim

Rhythms of Work & Rest Exploring Sabbath in Today's World

with Dr. Michelle Crouch, Professor of Music, Augustana College

Saturday, November 8, 2025, Noon-4:00pm **Asbury UMC Connections Café Lunch Provided - Pre-Register by November 3**

In a world of constant connection - - social media, texts, emails and news, many of us struggle to keep up with endless demands. Are we doomed to just react, bouncing between boredom and burnout? Do we ever truly rest? Come, explore what it might mean to receive the gift of Sabbath Rest!

PRE-REGISTER BY NOVEMBER 3 at JesusIsTheBridge.org



Church Council News Important Informational Meetings

We have scheduled two informational meetings for the congregation to learn more about the property that has become available for sale on Brown Street. The meetings will be the same. It is not necessary to attend both. Join us on Thursday, October 2 or Thursday, October 9 at 6:30pm in Connections Café to learn and ask questions. A vote will be taken on Monday, October 27 at 6:30pm at a special Church Conference led by Pastor Tim.

October 5 is World Communion Sunday



Join us as we partner with other UMC congregations in a special offering to support young adults and make a global impact for Christ. To learn more go to iaumc.org

An envelope is enclosed for your convenience. To give online scan the QR code, choose the "Missions" option and specify "World Communion Sunday".



Loom Crafters on October 13 - 6:30-8:00pm

Join us in the Connections Cafe for this new monthly service and fellowship opportunity! Several ways you can help in the process of making sleeping mats for the homeless.

Contact Jean Black or Pam Thornton for more info!



Erickson

6th-12th Grade Youth Group

Please watch Sunday announcements and your emails for information or email Becca at beccaj@asbury-bett.org

October 12th

9:30-10:30am - Open House - Element 412 Room

6:00pm - Volunteer Team Meeting - Connections Cafe

For those interested in being a part of the Element 412 Creative Team!

Trivia Night in November! Details Coming Soon





Bits and Pieces from Your Parish Nurse Team Breast Cancer Awareness Month



Did You Know: One in eight individuals with breast or chest tissue will be diagnosed with breast cancer in their lifetime. The screening tests for breast cancer include an office visit with your healthcare provider, a breast exam and if eligible, a mammogram. Know Your Risk: Talk with both sides of your family to learn about your family history; then talk with your family doctor about your

Get Screened: Talk with your doctor about which screening tests are available to you if you are at a higher risk. Have a mammogram every year beginning at age 40 if you are at an average risk. Have a clinical breast exam at least every 3 years starting at age 20, and every year starting at age 40.

Know What is Normal for You: Notify your doctor if you notice any breast changes.

Make Healthy Lifestyle Choices: Maintain a healthy weight. Add exercise to your routine. Limit alcohol intake. Limit menopausal hormone use.

We have information available for the taking on the Parish Nurse Board outside the church office. Please help yourself to anything you would like to take.

November 16 is National Donor Sabbath We would like to honor those who have had family members who have donated either through death or are a Live Donor. Please contact the church office and let us know if you have a family member to be recognized. Thank you!



The next Blood Drive is Monday, November 10.



Missions AIM (Asbury In Mission) "Doing God's Will"

Special Project for the Month of October

In October, AIM will continue the celebration of the 75th year Anniversary of our church by challenging all of our congregation to bring a box of cereal or a 1-lb box of sugar to the church, which will be donated the to the Bettendorf Food Pantry. It will be fun to watch our progress of cereal and sugar donations grow and to recognize Asbury's support for local outreach into our community — which has been part of our 75-year heritage from the outset! Our goal is to collect 75 boxes of cereal and 75 boxes of sugar.

We hope you will join us in this special project!

Thank You for Your Service—Asbury Doing God's Will!

Thank you to Lorelei & John Pfautz, Lori & Bill Otten, and Nancy Ommen for serving the Zion Meal in October.

- •Office Hours Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours.
- •Newsletter Deadline Items for the next Good News should be in the office no later than 8:00am on Monday, October 13.
- •Newcomers Would you like to learn more about Asbury and our ministries? Everyone is welcome to attend our quarterly Newcomer Gatherings. The next gathering will be Sunday, October 19 from 9:30-10:25am in Room 110 on the lower level. Please join us!
- •Friendly Thrift Center We are in need of men's winter coats, shoes and boots, along with all other men's items. As always, we accept travel-size shampoo, conditioner, lotion, etc. There is a bin near the elevator on the lower level of Asbury for you to place your items. Thank you!
- •Hannah Circle Tuesday, October 14, we will gather at 11:30 for food and fellowship at Palmer Hills Grill, 2999 Middle Rd. Bettendorf. We will begin collecting for our annual Holiday donation to the Thrift Center this month so it can be delivered in early December. Traditionally, we have donated hats, mittens, gloves, scarves or men's underwear. Warm winter wear is especially needed for both children and adults. Please join us for fun and fellowship!
- •Rachel Circle Meets on the second Tuesday of each month. Our next meeting is Tuesday, October 14 at 6:30pm in the Connections Café. We will gather donations of Christmas decorations (those you no longer use) to take to the Thrift Center to be sold this December. You may be donating "just the decoration" that someone else wants to use! Please join us!
- •Card Ministry Next meeting will be on Wednesday, October 8 at 6:30pm. To learn more, go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon. You can help support Card Ministry expenses by purchasing their lovely cards in the church office!
- •Craft & Chat Next meeting of this drop-in gathering is Saturday, October 18, from 9:00-Noon in the Connections Café at Asbury. Bring your own supplies and work on any craft project you like, or come and help make a sleeping mat for those in need! Connect and have fun with fellow crafters. Contact Michelle Bonney for more information.
- •Stewards of Creation Terracycle/Alternative Recycling Asbury continues to collect these items: snack bags (chip, pretzel, popcorn, multipack candy, cookie), cereal bags, glue sticks, toothpaste tubes (caps on), dental floss containers, coffee bags, broken crayons, wine corks and holiday string lights. We do not accept frozen food bags or items that can be placed in our citywide curbside recycling program.
- •LIFT Ladies In Fellowship Together Details of dates and events can be found on their LIFT Facebook page. You may also contact Jenny Bloomquist, Julia Hensch, Marian Edmund-Paulson or Stephanie Pim. All women are invited!
- •Asbury Men's Group Join us in person at the church on the second and fourth Saturday mornings of the month at 7:45am. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (563-355-5218) for more information or the **ZOOM** link. All men are welcome! In November and December the Men's group will meet on the first and third Saturdays.
- •Asbury Foundation Thank you to Angie & Talbot Berry, Steve Hampton, Mitch Hill, Vicki Smith and Tom Streeter for their recent gifts to the Asbury Foundation. For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office. This is a thoughtful way to honor your birthday or other occasions.