

**SUNDAY WORSHIP SCHEDULE:**  
Traditional Service 8:30 am  
Adult Classes 9:30 am  
Praise Service 10:30 am  
RootsKids 8:30 or 10:30  
Communion on June 4

ASBURY UNITED METHODIST CHURCH

Good News



Volume 3, Issue 169  
MAY 10, 2023

Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World



Throughout May we'll continue to lift up the Power of Music to give energy to our lives! The Book of Psalms will be our guide.

**May 14:** Happy Songs. Psalm 121  
Music that helps us express our joy.  
Mother's Day

**May 21:** Sad Songs. Psalm 137  
Music that provides support in times of pain.  
Annual Commissioning of our Prayer Team

**May 28:** Victory Songs. Psalm 30  
Music that celebrates God's power.  
Pentecost and the Birthday of the Church

NEW BUILDING ENTRANCE PROCEDURES

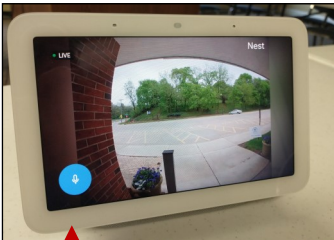
During office hours when staff is present, people can enter the building using the Office Entrance. **At all other times, please use the Main Entrance.** The Main Entrance doors can now be unlocked using any church phone. Pressing the button labeled "Main Entrance Door Unlock" will unlock the door for about 5 seconds.

A new door camera can be viewed on the displays throughout the building. People inside can speak to people at the door by pressing the blue microphone button on the display. Blue waves radiating out from the button indicate that the microphone is on and people at the door can hear people speaking to the display. The doorbell only rings in the office, so we urge group leaders to watch the display for people to arrive and to also share your cell phone number with those in your group as another tool to let you know they are at the door.

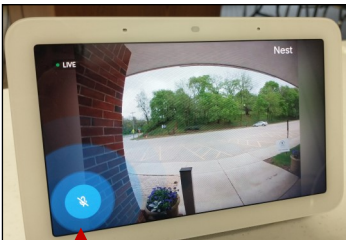
Thank you for your cooperation as we get used to using these new tools that will help our building to be both secure and accessible!



Use West Door—Main Entrance



Microphone is Off



Microphone is On



Push "Door Unlock" Button on Phone



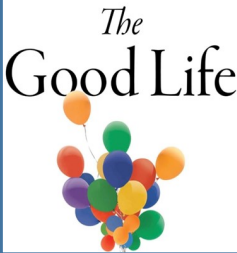
Communion Servers Needed

The Worship Team is looking for people who are willing to help prepare and/or serve Communion during worship. After using the pre-packaged elements throughout the pandemic, we would like to return to offering the elements in individual servings. Helpers are needed to prepare the bread and juice beforehand and also to help Pastor Tom serve it in worship. Please contact the church office if this matches your interest in serving.



Friendly Thrift Center

The Friendly Thrift Center is always looking for volunteers! Even just ONE morning a week! We partner with 30 community agencies to fill vouchers for those in need. Come in and check us out at 1411 Brady, Davenport. We are open from 9-noon Monday, Wednesday, Thursday, Friday and Saturday. Want more information? Ask one of our many Asbury volunteers: Linda Miller, John Cameron, Dave Philips, Gail Jackson, Donna Moore, Julie Moran, Marlene Corray, Ann Lawson, Bob Reiter, Vickie & Jerry Finley and Stephanie & Scott James! Call Julie Moran at 563-210-3472 for more information.



Join **LIFT Women's Ministry** for a One & Done Book Discussion of "**The Good Life: Lessons from the World's Longest Scientific Study of Happiness**" to be held **Saturday, June 17<sup>th</sup> from 8:30 to 10:30am at Dunn Brothers Coffee**, 787 Middle Road (Duck Creek Location), Bettendorf. This book is available on Amazon in Kindle, Audible, paperback & hardcover formats and at major retail book sellers. Questions? Contact Jenny Bloomquist, Stephanie Pim, Julia Hensch, Marian Edmund-Paulson or check out the LIFT Facebook page for more information!



**All Children Pre-K - 5th Grade!**  
Join us downstairs in the Treehouse  
Every Sunday at 8:30 or 10:30



**JR & SR HIGH YOUTH GROUP**  
**GRADES 6-12 EVERY SUNDAY 6-7:30 PM**

## • • • May is National Mental Health Awareness Month • • •

When a loved one is affected by depression, it can be difficult to understand what is happening or what you can do to help. Keep in mind that depression can have symptoms such as: feelings of sadness, emptiness or hopelessness; loss of interest or pleasure in most all normal activities; insomnia; lack of energy; feelings of worthlessness or guilt; changes in appetite; or trouble thinking, concentrating or making decisions.

**You can assist your loved one in the healing process by considering these ideas:**

- Encourage sticking with treatment if that has begun.
- Be willing to listen—when desired.
- Give positive reinforcement.
- Offer assistance with certain tasks they are having trouble completing.
- Help establish a routine.
- Locate helpful local organizations.
- Make plans together.
- Be patient.

For assistance, a call to the **National Suicide Prevention Lifeline** at **988** can be made 24/7.

**Blood Drive** is **June 12** and **Foot Clinic** with appointment times available is **June 26**. **Contact Cheryl to schedule!**



Be Well Everyone, Carol and Cheryl



**AIM (ASBURY IN MISSION) .... "DOING GOD'S WILL"**

### **Mission of the Month for May † Stewards of Creation**

Our Missions for May are **Terracycle** and **EARTHDAY.ORG'S "Canopy Project"**. Donations toward these two initiatives help us be stewards of God's creation by using resources wisely through recycling and taking an action that helps protect God's creation from climate change. Checks may be made to Asbury with "May AIM" on the memo line or you may give online at [JesusIsTheBridge.org](https://JesusIsTheBridge.org), click on the "Online Giving" link and choose the "Missions & Special Giving" option.

**Terracycle** is an eco-ministry located at Trinity Lutheran Church in Moline. They collect, sort and send items to recycling centers, to be made into new products. Since 2019, Asbury has collected almost 5,000 chip and cereal bags and various other items not eligible for our curbside recycling! Terracycle relies on financial donations for the purchase of Zero-Waste boxes and shipping costs to keep this program available here in the Quad Cities.

**EARTHDAY.ORG's Canopy Project** improves our shared environment by planting trees across the globe. They work with global partners to reforest areas in dire need of rehabilitation. This reforestation helps many disadvantaged communities, increases habitat for species, and combats climate change. Trees filter the air, reverse the impacts of land degradation and provide food, energy and income to communities. Since 2010, **EARTHDAY.ORG™** has planted tens of millions of trees!

### **Thank You for Your Service! † Asbury Doing God's Will!**

- May 3 was the start of our new process for prepping & serving the Zion Mealsite. Thank you to Team A (led by Captain Jim Spelhaug) who served 35 people. The team reported it went smoothly. Thanks also to Jo Winegar who had a big part in it going well!
- Asbury Aim delivered over 60 sandwiches & sliced meat leftover from Asbury luncheon events to Hope at the Brick House to serve to kids in their after-school program.

**Stewards of Creation May Congregational Challenge.....**:Plant to support birds, bees and butterflies.

**Terracycle.....**We are now accepting multi-pack candy bags (not wrappers), pens, highlighters, markers, glue sticks, toothpaste tubes (caps on), dental floss containers, and cereal & chip bags. All may be placed in the Asbury Terracycle bin near the elevator.

•**Office Hours.....**Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours.

•**Praises and Requests for Prayer.....**may be submitted on our website by clicking on the "**Prayers & Praise**" button. If you would like to be part of Asbury's Prayer Team please contact Pam & Pat Thornton, Pastor Tom or the Parish Nurse Team.

•**Thoughts of Sympathy.....**Our prayers are with the family of Rev. Fred Pierce who passed away in Louisiana on April 28.

•**Newsletter Deadline.....**Items for the next Good News should be in the church office no later than **8:00 am on Monday, May 22**.

•**Adult Helpers Needed for Element 412.....**Grades 6-12 Youth Group on Sunday evenings 6:00-7:30 pm. Please contact Becca Johnson at [beccaj@asbury-bett.org](mailto:beccaj@asbury-bett.org) or the church office if you can help!

•**Fun Opportunity!.....**Your help is needed with **RootsKids** on Sundays at 10:30 am in the TreeHouse. Come once a month or more! Contact Linda Carver at [lcarver07@gmail.com](mailto:lcarver07@gmail.com) for more information.

•**Hannah Circle** .All women are invited for fun & fellowship on the 2nd Tuesday of each month! Next meeting is on June 13. Watch for details or contact Donna Stradt at [donna@jrs-realtor.com](mailto:donna@jrs-realtor.com) for time and location.

•**Rachel Circle** ....**Next meeting is June 13** With the beginning of summer, we will plan to meet outside for informal discussion at 5:30. More details will follow regarding location. And, as always, everyone is invited to join us.

•**Card Ministry.....** Join them at 6:30 pm on the second Wednesday of each month in Room 118 at the church. The next meeting is on **Wednesday, June 14**. For more information go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon.

•**LIFT - Ladies In Fellowship Together** ...Details of dates and events can be found on our LIFT Facebook page. You may also contact Jenny Bloomquist, Julia Hensch, Marian Paulson or Stephanie Pim. All women are invited!

•**Asbury Men's Group.....**Meets on the 2<sup>nd</sup> & 4<sup>th</sup> Saturday mornings at 8:00 am at the church. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (355-5218) for more information or the **ZOOM** link. All men are welcome!.

•**Foundation Gift Recognitions.....**Thank you to Talbot & Angie Berry, Mary Fanning, Dan Miller, Sylvia Sorensen and Ardath Wilbur for their recent gifts to the Foundation. For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office.