

SUNDAY WORSHIP SCHEDULE:

Traditional Service 8:30 am
Adult Classes 9:30 am
Praise Service 10:30 am
RootsKids 8:30 or 10:30
Communion on May 7

ASBURY UNITED METHODIST CHURCH

Good News



Volume 3, Issue 168
APRIL 26, 2023

Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World

What's on your PLAYLIST

Begins May 7th



While the intellect of our head may give direction for our lives, it is the emotions of our heart that provide the energy to make things happen. Music is a language of the heart that can tap into that power and energy. Join us in worship during May as we look to the Book of Psalms which can be thought of as an ancient playlist of some of the most powerful songs of all time. You will also be encouraged to think of those songs that bring out your energy for life!

May 7: Favorite Songs. Psalm 100
How music touches the heart

May 14: Happy Songs. Psalm 121
Music that helps us express our joy.
Mother's Day and Senior Recognition Sunday

May 21: Sad Songs. Psalm 137
Music that provides support in times of pain.
Annual Commissioning of our Prayer Team.

May 28: Victory Songs. Psalm 30
Music that celebrates God's power.
Pentecost and the Birthday of the Church

Discipleship Pathway Moment



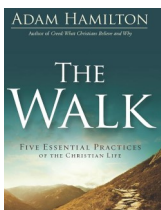
In the last Good News Pastor Tom shared the **Discipleship Pathway-My Growth as a Disciple**. We hope you have had a chance to look at it and choose an area or two to focus on. Each month the Discipleship Team will spotlight one area of the Pathway. **May's focus is PRAYER.**

Prayer in its simplest form is a conversation between you and God. Prayer is not always easy. How do you begin a prayer life? Adam Hamilton tells us in his book "The Walk" that we should start by praying 5 times a day. He suggests that we pray first thing in the morning, at each meal, and again at bedtime. That is easy enough to remember! It may seem like a lot, but as you are starting out each prayer can be as simple as "Thank You"! As your prayer life moves along the Pathway you will begin to also include praises to God, confession and asking for forgiveness, asking for blessings and help for yourself and others, and asking how to be God's hands and feet on earth.

Where are you on the Prayer Pathway? Who is walking with you or who are you walking with on the Path? How can Asbury help you grow in your prayer life?

Jean Black and Kurt Streicher, Discipleship Team Leaders

THE WALK...A Study Offering Help Along the Discipleship Pathway!



Adventures In Faith, led by Pam Thornton and Marian Paulson, is meeting on Sundays in Room 304 on the top level of the church from 9:30-10:25. This class is studying **THE WALK** by Adam Hamilton. This easy-to-read book focuses on the five essential spiritual practices that are found in our **Discipleship Pathway—My Growth as a Disciple**. These practices of worship, study, serving, giving, and bearing witness to our faith, plus play are explored. Hamilton makes very doable suggestions which will help one move into a deeper daily walk with Christ.

Why not grab a book and join them for this exciting study?!!

Welcome TO OUR CHURCH FAMILY

On April 16th we welcomed new members into our Asbury Church family. Each brings a certain joy and energy to our congregation. Their faith promises to be a special blessing to us as we serve the Lord together. Please look for an opportunity to introduce yourself to them!

Kent and Emily Mattoon & Heidi (6th grade)
612 N. 7th St., Eldridge, IA 52748
Kent: Ktoon1969@yahoo.com
Emily: squirrel2879@msn.com

Randy and Nancy Ommen
5678 Red Fox Rd.
Bettendorf, IA 52722
Randy: rrommen7293@gmail.com
Nancy: nancyommen025@gmail.com

Jeff Vogt
3300 Silver Spur Ct.
Bettendorf, IA 52722
jcv926@gmail.com

Hiney Heroes



Diaper Drive

In the Quad Cities, one in three families struggle to afford an adequate supply of diapers for their babies. Our Asbury LIFT group will be coordinating with Hiney Heroes the week of April 30-May 7 as part of the World's Largest Diaper Drive! They will be hosting a "Baby Shower" in the West Narthex during this time where diapers can be dropped off. To learn more go to our LIFT Facebook page or HineyHeroes.com!

Any size baby diapers will be appreciated!



All Children Pre-K - 5th Grade!
Join us downstairs in the Treehouse
Every Sunday at 8:30 or 10:30



JR & SR HIGH YOUTH GROUP
GRADES 6-12 EVERY SUNDAY 6-7:30 PM



Bits and Pieces from Your Parish Nurse Team



The Grief Share class will begin meeting on Monday, May 15, from 6:00 to 8:00 pm. We will meet every Monday (except Memorial Day) through July. Cheryl Ewert and Pat Tank will co-lead the class. You are invited to attend all or as many of the evenings that you choose. It is not a requirement to be at every meeting; however, there is something to be said for consistency in talking with or learning from others. As we've indicated, it is always your choice about how much to participate; we do not pressure anyone to talk if they do not feel comfortable. Sometimes, just listening in the presence of others who are having a similar experience to yours is beneficial. We will watch videos and will provide a workbook for your use throughout the program. Please contact Cheryl or Carol with questions or to indicate your interest in attending.

The next Foot Clinic with appointment times available is June 26. Contact Cheryl to schedule.



Words to ponder: *Fear less, hope more; eat less, chew more; whine less, breathe more; hate less, love more; and all good things are yours.* Swedish Proverb



Be Well Everyone, Carol and Cheryl

Missions

AIM (ASBURY IN MISSION) "DOING GOD'S WILL"

Mission of the Month for May † Stewards of Creation

Our Missions for May are **Terracycle** and **EARTHDAY.ORG'S "Canopy Project"**. Donations toward these two initiatives help us be stewards of God's creation by using resources wisely through recycling and taking an action that helps protect God's creation from climate change. Checks may be made to Asbury with "May AIM" on the memo line or you may give online at JesusIsTheBridge.org, click on the "Online Giving" link and choose the "Missions & Special Giving" option.

Terracycle is an eco-ministry located at Trinity Lutheran Church in Moline. They collect, sort and send items to recycling centers, to be made into new products. Since 2019, Asbury has collected almost 5,000 chip and cereal bags and various other items not eligible for our curbside recycling! Terracycle relies on financial donations for the purchase of Zero-Waste boxes and shipping costs to keep this program available here in the Quad Cities.

EARTHDAY.ORG's Canopy Project improves our shared environment by planting trees across the globe. They work with global partners to reforest areas in dire need of rehabilitation. This reforestation helps many disadvantaged communities, increases habitat for species, and combats climate change. Trees filter the air, reverse the impacts of land degradation and provide food, energy and income to communities. Since 2010, **EARTHDAY.ORG™** has planted tens of millions of trees!

Thank You for Your Service! † Asbury Doing God's Will!

Thank you to the Asbury LIFT group for cleaning up the Asbury neighborhood on April 22nd.

Stewards of Creation May Congregational Challenge.....Plant to support birds, bees and butterflies.

Terracycle....We are now accepting multi-pack candy bags (not wrappers), pens, highlighters, markers, glue sticks, toothpaste tubes (caps on), dental floss containers, and cereal & chip bags. All may be placed in the Asbury Terracycle bin near the elevator.

•**QC Piano Ensemble Festival! 3:00 pm on Sunday, April 29 at Asbury. Free Admission.**

•**Office Hours....**Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours.

•**Praises and Requests for Prayer....**may be submitted on our website by clicking on the "**Prayers & Praise**" button. If you would like to be part of Asbury's Prayer Team please contact Pam & Pat Thornton, Pastor Tom or the Parish Nurse Team.

•**Thoughts of Sympathy....**Our prayers are with the family of Betty Theis, who passed away on April 14.

•**Newsletter Deadline....**Items for the next Good News should be in the church office no later than **8:00 am on Monday, May 8.**

•**Adult Helpers Needed for Element 412....**Grades 6-12 Youth Group on Sunday evenings 6:00-7:30 pm. Please contact Becca Johnson at beccaj@asbury-bett.org or the church office if you can help!

•**Fun Opportunity!....**Your help is needed with **RootsKids** on Sundays at 10:30 am in the TreeHouse. Come once a month or more! Contact Linda Carver at lcarver07@gmail.com for more information.

•**Hannah Circle** All women are invited for fun & fellowship on the 2nd Tuesday of each month! Next meeting is at 11:30 am on May 9 at Monarch Grill, 4750 East 53rd Street, Davenport. For more information contact Donna Stradt at donna@jrs-realtor.com.

•**Rachel Circle**We will meet at **5:30 pm on Tuesday, May 9**, at Asbury for a potluck meal. We have had a sign up for the food items. Everyone is welcome even if you did not sign up to bring food. You will have a chance to bring food another time!! Come and enjoy the fellowship and conversation!

•**Card Ministry....**Join them at 6:30 pm on the second Wednesday of each month in Room 118 at the church. The next meeting is on **Wednesday, May 10**. For more information go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon.

•**LIFT - Ladies In Fellowship Together...**Details of dates and events can be found on our LIFT Facebook page. You may also contact Jenny Bloomquist, Julia Hensch, Marian Paulson or Stephanie Pim. All women are invited!

•**Asbury Men's Group....**Meets on the 2nd & 4th Saturday mornings at 8:00 am at the church. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (355-5218) for more information or the **ZOOM** link. All men are welcome!

•**Foundation Gift Recognitions....**Thank you to Ken Jones, Darcy Johnson and Darvin Schroeder for their gifts to the Foundation in honor of their recent birthdays. For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office.