

SUNDAY WORSHIP SCHEDULE:

Traditional Service 8:30am
Adult Classes 9:30am
Praise Service 10:30am
RootsKids 8:30 or 10:30
Communion on July 3

Good News



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Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World



July Sermon Series

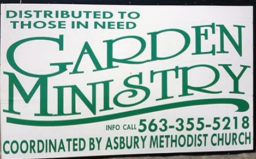
Ready Set Grow!

The Parable of the Sower is one of the most familiar stories told by Jesus. It is full of insights on how we can grow as a church and as individual followers of Jesus.

Beginning on July 10 in worship we'll spend the month of July looking at how we can prepare for and then expect amazing growth!



Thirty children and 20 volunteers had a great time at Asbury's VBS Camping Adventure in June! Thank you to everyone who helped make this a wonderful time for our kids to have so much fun learning and playing together!



**COME PLAY IN THE DIRT WITH US!
JOIN THE GARDEN MINISTRY**



Congratulations to Bettendorf's 2022 Fourth of July Parade Grand Marshal, Dave Phillips! Dave goes above and beyond for Bettendorf and the Quad Cities every day. His creation of the Garden Ministry feeds those in need and will yield over 50,000 pounds of food this year alone!

If you would like to volunteer to help Garden Ministry feed the hungry, you can contact Dave at 563-340-6594 or phillips363@mchsi.com. Be sure to head to downtown Bettendorf on July 4th at 10:00 am to see Grand Marshal Dave in our 4th of July parade!

Newcomers Gathering on July 24 9:30-10:30am Lower Level Room #110

Interested in joining Asbury? The first step is to attend our upcoming NEWCOMER'S GATHERING on **July 24**. It will be held from 9:30-10:30 in Room 110 on the lower level. This is a time for us to get to know you better and to give you a packet of materials which will provide you with information regarding the exciting ministries and opportunities at Asbury. **All are invited!** Questions? Call the church office or contact Linda Manning.

Hello

Summer!

Summer Activities For Kids Club & Youth!



4th-12th Grade Family Activity on July 9...Join us for a fun day of tubing or canoeing down the Maquoketa River! Cost is \$20 for a tube or \$40 for a canoe. We'll leave Asbury at 9:30am and be home at 5:00pm. Bring your lunch. **If Interested call or text Linda Carver at 319-573-9687 by July 6.**

Mark Your Calendar for August 12 from 4:00-7:00pm....Swimming and bonfire at Scott County Park! This is a free event.

Summer Adult Small Group Study: From Jesus to Christ: The First Christians

This study continues through **August 7th**, from 9:30 to 10:20am in rooms 302-303. Each week is independent so please feel welcome to attend whenever your schedule allows!

JOBS

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WE'RE HIRING!

- Director of Youth Ministries
- Director of Engagement
- Choir Director

Contact the Church Office to Inquire
Asbury United Methodist Church
563-355-5218



Message from Your Parish Nurse Team



Have you ever wondered why the kind of food we like or crave changes? It has everything to do with our five senses. Here are some things to consider....Taste is connected to memory retrieval. Researchers have found that the experience also lies in satisfying all the senses. We may also hear the food we prepare. Our senses open as we listen to cabinets and refrigerator doors open. We hear pots and pans and dishes used for preparing for a meal. We hear cutting and washing of foods. Then, comes the smell and taste. The color of food can change our perception—if it is green, it is fresh and has better nutrition. At age 30, a person has 245 taste buds on each papilla on the tongue. By age 70, the number has decreased to 88! So, as our palate naturally changes, our food preferences will change as well. Other things that effect our sense of taste include aging, medication, chemotherapy, smoking, drinking and an uptick in sugar and sodium intake.



**Next Blood Drive
is August 8**

As always, stay in touch. We love to hear from you!
Brenda, Carol, Cheryl

**Next Foot Clinic
is August 22**



**ASBURY IN MISSION (AIM)
MISSION OF THE MONTH**

This July, the focus of AIM is to continue our partnership with **Hope at the Brick House**. Throughout the summer, Brick House is providing snacks for approximately 60 kids. They also help provide school supplies for many children, as well. For the month of July, we are collecting monetary donations to help these kids. Please utilize the enclosed envelope, or mark your donation accordingly if sending in a different format. A monetary donation is preferred so that each dollar can be stretched as far as possible, and duplicate items are not sitting unused. Any questions about the Brick House partnership can be directed to Linda Helms.

In addition, a smaller group of kids has been learning a collection of songs and visiting area churches to showcase their talents; we are hoping to coordinate a visit from them, so be on the lookout for more information on that!

- **Office Hours**....Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours.
- **Praises and Requests for Prayer**....may be submitted on our website by clicking on the **"Prayers & Praise"** button. If you would like to be part of Asbury's Prayer Team please contact Pam & Pat Thornton, Pastor Tom or the Parish Nurse Team.
- **Our Heartfelt Sympathy to**....The family and friends of Marshall Lawson. Marshall passed away on June 6.
The family and friends of Peggy Heppler. Peggy passed away on June 18.
- **The Worship Commission** reminds you to please wear your Asbury nametag. If you would like to order a nametag you may call the church office. (No cost for Asbury members 8th grade and older.)
- **Newsletter Deadline**....Articles for the next Good News should be in the church office no later than **8:00am on Monday, July 25**.
- **Adult Helpers Needed for RootsKids**—Sundays at 10:30am Come once a month or more! Sign-Up in either Narthex—See Linda Carver for more information.
- **Rachel Circle**Rachel Circle will meet on Tuesday, July 12th, at Red Lantern at 5:30 for dinner and conversation. Please contact Sue Gallagher by phone or email by July 10th to reserve your seat at the table. Looking forward to seeing everyone there!
- **Card Ministry**....**No Card Ministry meeting in July**. This group has a lot of fun making cards and everyone is welcome! Join them on **the second Wednesday of each month at 6:30pm in Room 118**. For more information go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon.
- **Ladies In Fellowship Together**...Details of dates and events can be found on our LIFT Facebook page. You may also contact Marian Paulson at marianedmund@yahoo.com. We invite all women to join us!
- **Asbury Men's Group**....This group meets on the 2nd & 4th Saturday mornings at 8:00am. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (355-5218) for the next meeting date, time or **ZOOM** link. All men are welcome!
- **Stewards of Creation July Congregational Challenge** : Connect with Creation: Spend time outside and visit local attractions that bring awareness to God's creation and our earth. Using your phone/camera, capture the beauty and complexity of our natural world. Share your adventures and images with others, especially on our Stewards of Creation Facebook page!
- **Terracycle** - We are accepting pens, highlighters, markers, glue sticks, toothpaste tubes (caps on), dental floss containers, cereal & chip bags.
- **Foundation Gift Recognitions**....Thank you to Jan Coffenberry, Sandra Crain and Carolyn Scheib for their gift to the Asbury Foundation in honor of their recent birthdays. For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office.
- **Friendly Thrift Center - Did you know?**.... the Friendly Thrift Center is 52 years old and partners with 20 agencies in the Quad Cities, filling vouchers for those in need! We are currently in need of cashiers, sub cashiers, sorters and hangers. This is a wonderful opportunity to meet new people and give back in service for a great cause! Cashiers and sub cashiers greet customers, ring up sales and handle the money for the day. Sorters go through donations and hang merchandise. Friends may volunteer together the same day each week, 9am-noon. We are at **1411 Brady, Davenport**. Please stop in to look around and you will probably see a familiar face! We are open Wednesday to Saturday, 9am to noon. Please call Gail Jackson, 563-349-3652, Julie Moran, 563-210-3472 or The Friendly Thrift Center, (9-noon) at 563-324-2235.
- **The Bettendorf Ecumenical Food Pantry**....After 18 years of service Barb Emerson is retiring and the Bettendorf Food Pantry is seeking an individual or team of people to coordinate the operation of the pantry. Serving the hungry of our community is a truly fascinating and rewarding way to spend your time and energy. Ask a friend to join you! Please contact: *Barb Emerson* (563/332-0768 barbemerson@gmail.com) for further information.

THANK YOU....to everyone who has continued to faithfully give your tithes and offerings.
Gifts may be mailed to the church or go to our website JesusIsTheBridge.org to give electronically.