

# Good News



Volume 3, Issue 149  
MAY 25, 2022

### Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World

#### SUNDAY WORSHIP SCHEDULE:

- Traditional Service 8:30am
- Adult Classes 9:30am
- Praise Service 10:30am
- RootsKids 8:30 or 10:30
- Communion on June 5

**Calling All Kids! VBS at Asbury  
4-year-Olds through Upcoming 5<sup>th</sup> Graders**

**VBS  
Camping Adventure**  
June 14-16 / 5:30-7:30pm

Volunteers Needed!  
Contact Linda Carver

**Dinner 5:30-6:00**  
Games / Crafts / Skits  
Foam Cannon / Music  
Bonfires and much more!

Asbury UMC | 1809 Mississippi Blvd., Bettendorf, IA

Pre-Register at [JesusIsTheBridge.org](http://JesusIsTheBridge.org)



The goal of VBS Adult Small Group is to offer adults an opportunity to discuss a topic for an evening. People attending may enjoy the meal, help with the opening/closing of VBS if needed and enjoy fellowship and discussion while the children are "in class".

Please join Pat and Pam Thornton on June 14 to learn about the Meaning of Grace; Phil and Marian Paulson on June 15 to discuss Justice; and Kurt Streicher on June 16 to reflect on angels. Video segments will come from The Bible Project. Meal time, 5:30-6:00; Class 6:15-7:15 in Rooms 302-303.

*If you have questions, please contact Linda Manning*

### Connor Morrison to Preach on May 29



Connor Morrison, our Director of Youth Ministries for the past year, will bring the message before he begins his new appointment at the Abingdon United Methodist Church. We've been blessed by his ministry and wish him well in his next assignment.

### Iowa Annual Conference



Pastor Tom, Pat and Pam Thornton will represent the Asbury Church as the Iowa Annual Conference of the United Methodist Church meeting in West Des Moines on June 4-5. You can stay informed about the Conference at [iaumc.org](http://iaumc.org).

Please pray for wisdom, grace and peace as pastors and members of local congregations seek God's will as a movement.

### † † † ASBURY IN MISSION - MISSION OF THE MONTH † † †

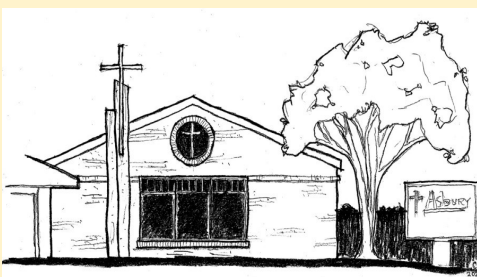
The AIM *Mission of the Month* for June is One-Eighty

Come to Worship on June 5 to be inspired by examples of how God is changing lives through the ministry of One Eighty. As the mission of the month, we'll be highlighting their work and seeking ways to partner with them.



### Building Study Informational Meeting

Tuesday, June 7th at 7:00 pm.

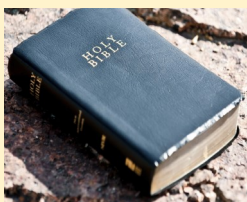


The Building Study Team will share information and ideas from their months of looking at ways to make our facilities more functional, flexible and inviting. No decisions will be made that night as they'll be sharing information and seeking reactions. The next step in the process will be for the Church Council at their meeting on June 20 to elect a committee with authority to implement improvements.

**SPECIAL SUNDAY**  
Peace with Justice

Donations for this special Sunday on June 12 support programs and ministries to educate, equip and mobilize actions in support of identified Economic, Health, and Gender Justice Priorities. An envelope is enclosed for your convenience or go to our website online giving option. For more information on This United Methodist Special Sunday go to: [www.umc.org](http://www.umc.org)

### Summer Adult Small Group Study: From Jesus to Christ: The First Christians



This study, based on the PBS video production, will be offered starting on Sundays June 12<sup>th</sup> and ending August 7<sup>th</sup>, from 9:30 to 10:20 a.m. in rooms 302-303. During this eight session study, we will be exploring the epic story of the rise of Christianity; the life and death of Jesus, and the men and women whose belief, conviction, and martyrdom created the religion we now know as Christianity. Each week is independent so please feel welcome to attend whenever your schedule allows!

**Please join us for this insightful study!**

JOBS

JOBS

JOBS

### WE'RE HIRING!

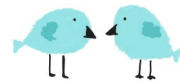
- Director of Youth Ministries
- Director of Engagement
- Choir Director

Contact the Church Office to Inquire  
Asbury United Methodist Church  
563-355-5218



## Message from Your Parish Nurse Team

### Five Lifestyle Changes to Help You Lower Blood Pressure



- **Lower Your Sodium Intake** Beware of the "Salty Six": Breads & rolls, cold cuts & cured meats, sandwiches, pizza, soup and chicken.
- **Increase Potassium Intake** Good sources of potassium include: bananas, dark green or red vegetables, dairy products and coconut water.
- **Eat a Balanced, Low-Salt Diet Rich in Fruits and Vegetables** Add fruits and vegetables daily to your meals; add whole grain items and low-fat or fat-free dairy products; limit sodium; reduce sugar-sweetened beverages and sugary foods.
- **Get Physically Active and Move More** Exercises can be done at home or at a gym. Having an exercise buddy can help keep you motivated whether you enjoy walking, biking or working out at a gym.
- **Maintain a Healthy Weight by Moving More and Eating Better** Eat at home more often; try new recipes; read nutrition labels. These steps will help you understand the amount of calories, sodium, fat and potassium is in your food.

**BLOOD DRIVE - MONDAY, JUNE 13 FROM 2:00-6:00PM AT ASBURY - To schedule an appointment email [c.ewert@mchsi.com](mailto:c.ewert@mchsi.com) or go online at [www.bloodcenter.org](http://www.bloodcenter.org) and use group code 068.**

**As always, stay in touch. We love to hear from you!**  
**Brenda, Carol, Cheryl**

**Is your child interested in**

**Asbury offers Scholarship Opportunities for all Asbury children & teens**  
Camp options are available both near & across the state  
Contact Linda Carver to inquire



### Larry and Jane Kies to Speak at Asbury

**5:00pm on Sunday, June 6**

Larry and Jane Kies will share their experiences as missionaries serving at Africa University for 22 years and other locations before that. An Iowan, Larry retired in 2020 and Jane will retire in September 2022.

**Reserve the time and look for more details in worship and online!**

### Asbury Prayer Ministry Team

The Prayer Ministry Team began on Pentecost Sunday, 2020. Since its inception we have received 763 prayer requests from 191 different families. There are currently 30 active requests and 26 Prayer Team members. Prayer Team Members are making a real difference for our families and friends in need! **You can join the Prayer Team by contacting our Parish Nurse Team or the church office at 355-5218.** The Team will be commissioned on Sunday, June 12, 2022.

**We Want to Grow our Prayer Ministry....GOD IS HIRING!!!**



Help support Asbury Ministries by choosing Birdie #2269 as your Birdies for Charity recipient! We will receive a 5% bonus from Birdies for Charity for every gift given. The form can be found at: [www.birdiesforcharity.com](http://www.birdiesforcharity.com) or [JesusIsTheBridge.org](http://JesusIsTheBridge.org) or by calling the church office. **Thank you!**

- **Office Hours**....Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours.
- **Praises and Requests for Prayer**....may be submitted on our website by clicking on the "Prayers & Praise" button. If you would like to be part of Asbury's Prayer Team please contact Pam & Pat Thornton, Pastor Tom or the Parish Nurse Team.
- **Our Heartfelt Sympathy to**....Linda and Steve Helms & Family on the death of Linda's mother, Geneva Drachenberg, on May 11. **There will be a Memorial Service** for Mary Ellen Strupp on Saturday, June 11<sup>th</sup> at 1:30pm at Ridgecrest Village. The family asks that anyone attending be vaccinated. Mary Ellen passed away on March 18, 2020. Services were delayed due to Covid restrictions.
- **The Worship Commission** reminds you to please wear your Asbury nametag. If you would like to order a nametag you may call the church office. (No cost for Asbury members 8th grade and older.)
- **Newsletter Deadline**....Articles for the next Good News should be in the church office no later than **8:00am on Monday, June 13.**
- **Jr. & Sr. High Youth**....**Volunteer for VBS!!** June 14-16 from 5:30-7:30pm. Contact Linda Carver to help with the FUN!
- **Adult Helpers Needed for RootsKids**—Sundays at 10:30am Come once a month or more! Sign-Up in Either Narthex—See Linda Carver for more information.
- **Rachel Circle** will meet at 5:30pm on June 14 at Devil's Glen Park. Bring your sack lunch and a lawn chair. New members are always welcome! Contact Susan Gallagher or Cheryl Ewert for location and details.
- **Card Ministry**....This group has a lot of fun making cards and everyone is welcome! Join them on **the second Wednesday of each month at 6:30pm in Room 118.** For more information go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon.
- **Ladies In Fellowship Together**...Details of dates and events can be found on our LIFT Facebook page. You may also contact Marian Paulson at [marianedmund@yahoo.com](mailto:marianedmund@yahoo.com). We invite all women to join us!
- **Asbury Men's Group**....This group meets on the 2<sup>nd</sup> & 4<sup>th</sup> Saturday mornings at 8:00am. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (355-5218) for the next meeting date, time or **ZOOM** link. All men are welcome!.
- **Stewards of Creation June Congregational Challenge** : #1 Ride a bike or ride share to church, work, a meeting or to the store.  
#2 Plant to support Birds and Butterflies  
**Terracycle** - We are accepting pens, highlighters, markers, glue sticks (all brands), toothpaste tubes (caps on), dental floss containers, and cereal & chip bags. Please remove all crumbs from bags before lying flat in the wood chest near the elevator.
- **Grass Clippings Needed**....The Garden Ministry needs A LOT of grass clippings. If you bag your grass clippings, this is an opportunity to save, possibly \$200-\$300 this summer, by not having to buy lawn bags and city stickers. Just put your grass clippings in plastic bags and drop them off in front of the "Ed Shed" at our garden site (Grace Evangelical Free Church, 5520 Eastern Avenue). Your support is much appreciated! Dave Phillips, Garden Ministry Coordinator (340-6594)
- **Congratulations**....to Jerry and Vickie Finley on the birth of a granddaughter, Elle Rhodes Finley, on May 13. Parents are Grant and Kim Finley of St. Louis.

**THANK YOU....to everyone who has continued to faithfully give your tithes and offerings.**  
**Gifts may be mailed to the church or go to our website [JesusIsTheBridge.org](http://JesusIsTheBridge.org) to give electronically.**